



NUT ALLERGY POLICY

RATIONALE

- An increase in nut allergies reported to the school in the past few years.
- Allergic reactions vary from mild – moderate – severe (Anaphylaxis) which can lead to blockage of airways and sudden death.

AIMS

- Ensure the School is a safe, nut-free environment.
- Ensure compliance within the Park House School Community to protect the health and welfare of our students with nut allergies.

PROCEDURES

- The entire School (EYFS, Primary & Secondary) is a **NUT FREE ZONE**.
- Park House has a **ZERO NUT** policy, which includes all nut-based products including spreads with nut content.
- This is also the case at school events when food is brought in from home such as International Day.
- Children are prohibited from sharing food.
- Any nut-based products sent into School will be kept in the child's bag and returned home **OR** in the event there is a case of a severe nut allergy within class the food will be confiscated.
- Parents of children with an allergy to nuts will be instructed to provide the Nursing team with their child's own emergency provisions and medications (including Epi-pens and Antihistamines) to be used in the event of an allergic reaction or Anaphylaxis in School.
- STAFF ONLY: If you observe symptoms of an allergic reaction or there is an individual who is known to suffer a nut allergy and is reporting an allergy attack, contact the Nursing team immediately and await further instruction.
- STAFF ONLY: Please familiarise yourselves with the Park House algorithm for Anaphylaxis and instructions on how to use an Epi-pen Autoinjector.