



Park House
English School

Policy number:

Owner: **Principal**

Date of issue / last review: **14th September 2021**

Review date: **September 2022**

Written by: **Tahnee Parry, School Nurse**

Nut Allergy Policy

Rationale

- An increase in Nut allergies reported to the school in the past few years.
- Allergic reactions vary from mild – moderate – severe (Anaphalaxis) which can lead to blockage of airways and sudden death.

Aims

- Ensure the School is a safe, nut-free environment.
- Ensure compliance within the PHES School Community to protect the health and welfare of our students with Nut allergies.

Procedures

- The entire School (EYFS, Primary & Secondary) is a **NUT FREE ZONE**.
- PHES has a **ZERO NUT** policy which includes all Nut-based products including spreadables with nut content.
- Children are prohibited from sharing food.
- Any Nut-based products sent into School will be kept in the Child's bag and returned home **OR** in the event there is a case of a severe Nut allergy within class the food will be confiscated.
- Parents of children with an allergy to Nuts will be instructed to provide the Nursing team with their Child's own emergency provisions and medications (including Epi-pens and Antihistamines) to be used in the event of an allergic reaction or Anaphalaxis in School.
- STAFF ONLY: If you observe symptoms of an allergic reaction or there is an individual who is known to suffer a Nut allergy and is reporting an allergy attack, contact the Nursing team immediately and await further instruction.
- STAFF ONLY: Please familiarise yourselves with the PHES algorithm for Anaphalaxis and instructions on how to use an Epi-pen Autoinjector.