

Curriculum Map Year 8 PE (Adaptable)

Topic Name	Term	Content / skills developed with link to NC / exam board subject content (if applicable)	Reflection on previous learning	Progress to future learning	Global Citizenship links	Qatar National Identity links
VOLLEYBALL SWIMMING DANCE	TERM 1	<p>Development of set technique Development of dig technique Underarm serve to target Use of 3 touches/tactical development Outwitting opposition</p> <p>Introduction to front crawl tumble turns. Introduction to back crawl starts and turns. Revision of back crawl technique Enhancement of back crawl stroke and revision of breast-stroke through stamina work Introduction to breast-stroke turns and underwater techniques Introduction to butterfly technique</p>	YEAR 7 PE Volleyball Swimming Dance	Year 9 PE QUESS tournaments	<p>PRIDE values</p> <p>Prepare for challenge.</p> <p>Developing skills for the future</p>	<p>Sustainability: self esteem and participation Sustainability: responsibility and creativity Conscious thinking about my Hobbies Conscious thinking about my Health Conscious thinking about my Role Models</p>
BADMINTON FOOTBALL NETBALL BASKETBALL	TERM 1	<p>Development of the grip and ready position Development of the overhead clear Development of the underarm clear Development of the drop shot Doubles/singles game play</p> <p>Develop Passing and dribbling. Outwitting a defender Develop Attack and defence Develop Shooting and heading</p> <p>Recap passing Skills & fundamental rules Timing of pass/support play Attacking play/outwitting opponents. Shooting Marking/defending</p> <p>Passing and dribbling.</p>	YEAR 7 PE Badminton Football Netball Basketball	Year 9 PE QUESS tournaments	<p>PRIDE values</p> <p>Prepare for challenge.</p> <p>Developing skills for the future</p>	<p>Sustainability: self esteem and participation Sustainability: responsibility and creativity Conscious thinking about my Hobbies Conscious thinking about my Health Conscious thinking about my Role Models</p>

		<p>Footwork</p> <p>Shooting – Development of Lay-up technique.</p> <p>Triple threat position</p>				
ATHLETICS BASKETBALL TOUCH RUGBY ROUNDERS/CRICKET	TERM 2	<p>Development of jumping techniques – Long/triple/high approach, take off and jumping technique.</p> <p>Development of throwing techniques – Discus, shot put, indoor javelin</p> <p>Development of running techniques – sprint/long distance. Pacing. Starts</p>	YEAR 7 PE Athletics Basketball Touch rugby Rounders Cricket	Year 9 PE QUESS tournaments	<p>PRIDE values</p> <p>Prepare for challenge.</p> <p>Developing skills for the future</p>	<p>Sustainability: self esteem and participation</p> <p>Sustainability: responsibility and creativity</p> <p>Conscious thinking about my Hobbies</p> <p>Conscious thinking about my Health</p> <p>Conscious thinking about my Role Models</p>
FOOTBALL VOLLEYBALL	TERM 2	<p>Outwitting an opponent</p> <p>Developing Physical and Mental Capacity</p> <p>Making and Applying Decisions</p> <p>Making Informed Choices about healthy, active lifestyle</p> <p>Evaluating and Improving</p>	YEAR 7 PE Football Volleyball	Year 9 PE QUESS tournaments	<p>PRIDE values</p> <p>Prepare for challenge.</p> <p>Developing skills for the future</p>	<p>Sustainability: self esteem and participation</p> <p>Sustainability: responsibility and creativity</p> <p>Conscious thinking about my Hobbies</p> <p>Conscious thinking about my Health</p> <p>Conscious thinking about my Role Models</p>

TABLE TENNIS VOLLEYBALL BADMINTON	TERM 3	Outwitting an opponent Developing Physical and Mental Capacity Making and Applying Decisions Making Informed Choices about healthy, active lifestyle Evaluating and Improving	YEAR 7 PE Table tennis Volleyball Badminton	Year 9 PE QUESS tournaments	PRIDE values Prepare for challenge. Developing skills for the future	Sustainability: self esteem and participation Sustainability: responsibility and creativity Conscious thinking about my Hobbies Conscious thinking about my Health Conscious thinking about my Role Models
BADMINTON DODGEBALL	TERM 3	Outwitting an opponent Developing Physical and Mental Capacity Making and Applying Decisions Making Informed Choices about healthy, active lifestyle Evaluating and Improving	YEAR 7 PE Badminton Dodgeball	Year 9 PE QUESS tournaments	PRIDE values Prepare for challenge. Developing skills for the future	Sustainability: self esteem and participation Sustainability: responsibility and creativity Conscious thinking about my Hobbies Conscious thinking about my Health Conscious thinking about my Role Models