

## Curriculum Map Year 9 PE (Adaptable)

Topic Name	Term	Content / skills developed with link to NC / exam board subject content (if applicable)	Reflection on previous learning	Progress to future learning	Global Citizenship links	Qatar National Identity links
<b>VOLLEYBALL SWIMMING DANCE</b>	<b>TERM 1</b>	Consolidating volley/set development Dig development Introduction to overhead Introduction to smash Tactics/Outwitting opposition	<b>YEAR 8 PE Volleyball Swimming Dance</b>	<b>Year 10 PE  IGCSE PE  QUESS tournaments</b>	PRIDE values  Prepare for challenge.  Developing skills for the future	<b>Sustainability:</b> self esteem and participation <b>Sustainability:</b> responsibility and creativity <b>Conscious thinking</b> about my <b>Hobbies</b> <b>Conscious thinking</b> about my <b>Health</b> <b>Conscious thinking</b> about my <b>Role Models</b>
<b>BADMINTON FOOTBALL NETBALL BASKETBALL</b>	<b>TERM 1</b>	Consolidate the overhead clear Develop the underarm clear Develop the drop shot Introduce the smash Doubles/singles game play Tactics  Passing Control & Turning Attack/Beating an opponent Shooting Defensive Tactics Set plays  Use of space/court linkage Attacking principles Defending principles Tactics – centre pass/circle	<b>YEAR 8 PE Badminton Football Netball Basketball</b>	<b>Year 10 PE  IGCSE PE  QUESS tournaments</b>	PRIDE values  Prepare for challenge.  Developing skills for the future	<b>Sustainability:</b> self esteem and participation <b>Sustainability:</b> responsibility and creativity <b>Conscious thinking</b> about my <b>Hobbies</b> <b>Conscious thinking</b> about my <b>Health</b> <b>Conscious thinking</b> about my <b>Role Models</b>

<b>ATHLETICS BASKETBALL TOUCH RUGBY ROUNDERS/CRICKET</b>	<b>TERM 2</b>	<p>Consolidating jumping techniques – Long/triple/high approach, take off and jumping technique.</p> <p>Consolidating throwing technique – Discus, shot put, indoor javelin</p> <p>Consolidating running technique – sprint/long distance. Pacing. Starts</p>	<b>YEAR 8 PE Athletics Basketball Touch rugby Rounders Cricket</b>	<b>Year 10 PE  IGCSE PE  QUESS tournaments</b>	<p>PRIDE values</p> <p>Prepare for challenge.</p> <p>Developing skills for the future</p>	<p><b>Sustainability:</b> self esteem and participation</p> <p><b>Sustainability:</b> responsibility and creativity</p> <p><b>Conscious thinking</b> about my <b>Hobbies</b></p> <p><b>Conscious thinking</b> about my <b>Health</b></p> <p><b>Conscious thinking</b> about my <b>Role Models</b></p>
<b>FOOTBALL VOLLEYBALL</b>	<b>TERM 2</b>	<p>Accurate replication</p> <p>Developing Physical and Mental Capacity</p> <p>Making and Applying Decisions</p> <p>Making Informed Choices about healthy, active lifestyle</p> <p>Evaluating and Improving</p>	<b>YEAR 8 PE Football Volleyball</b>	<b>Year 10 PE  IGCSE PE  QUESS tournaments</b>	<p>PRIDE values</p> <p>Prepare for challenge.</p> <p>Developing skills for the future</p>	<p><b>Sustainability:</b> self esteem and participation</p> <p><b>Sustainability:</b> responsibility and creativity</p> <p><b>Conscious thinking</b> about my <b>Hobbies</b></p> <p><b>Conscious thinking</b> about my <b>Health</b></p> <p><b>Conscious thinking</b> about my <b>Role Models</b></p>
<b>TABLE TENNIS VOLLEYBALL BADMINTON</b>	<b>TERM 3</b>	<p>Accurate replication</p> <p>Developing Physical and Mental Capacity</p> <p>Making and Applying Decisions</p>	<b>YEAR 8 PE Table Tennis Volleyball Badminton</b>	<b>Year 10 PE  IGCSE PE</b>	<p>PRIDE values</p> <p>Prepare for challenge.</p>	<p><b>Sustainability:</b> self esteem and participation</p>

		Making Informed Choices about healthy, active lifestyle Evaluating and Improving		<b>QUESS tournaments</b>	Developing skills for the future	<b>Sustainability:</b> responsibility and creativity <b>Conscious thinking</b> about my <b>Hobbies</b> <b>Conscious thinking</b> about my <b>Health</b> <b>Conscious thinking</b> about my <b>Role Models</b>
<b>BADMINTON DODGEBALL</b>	<b>TERM 3</b>	Accurate replication Developing Physical and Mental Capacity Making and Applying Decisions Making Informed Choices about healthy, active lifestyle Evaluating and Improving	<b>YEAR 8 PE Badminton Dodgeball</b>	<b>Year 10 PE  IGCSE PE  QUESS tournaments</b>	PRIDE values  Prepare for challenge.  Developing skills for the future	<b>Sustainability:</b> self esteem and participation <b>Sustainability:</b> responsibility and creativity <b>Conscious thinking</b> about my <b>Hobbies</b> <b>Conscious thinking</b> about my <b>Health</b> <b>Conscious thinking</b> about my <b>Role Models</b>